

# SWAT

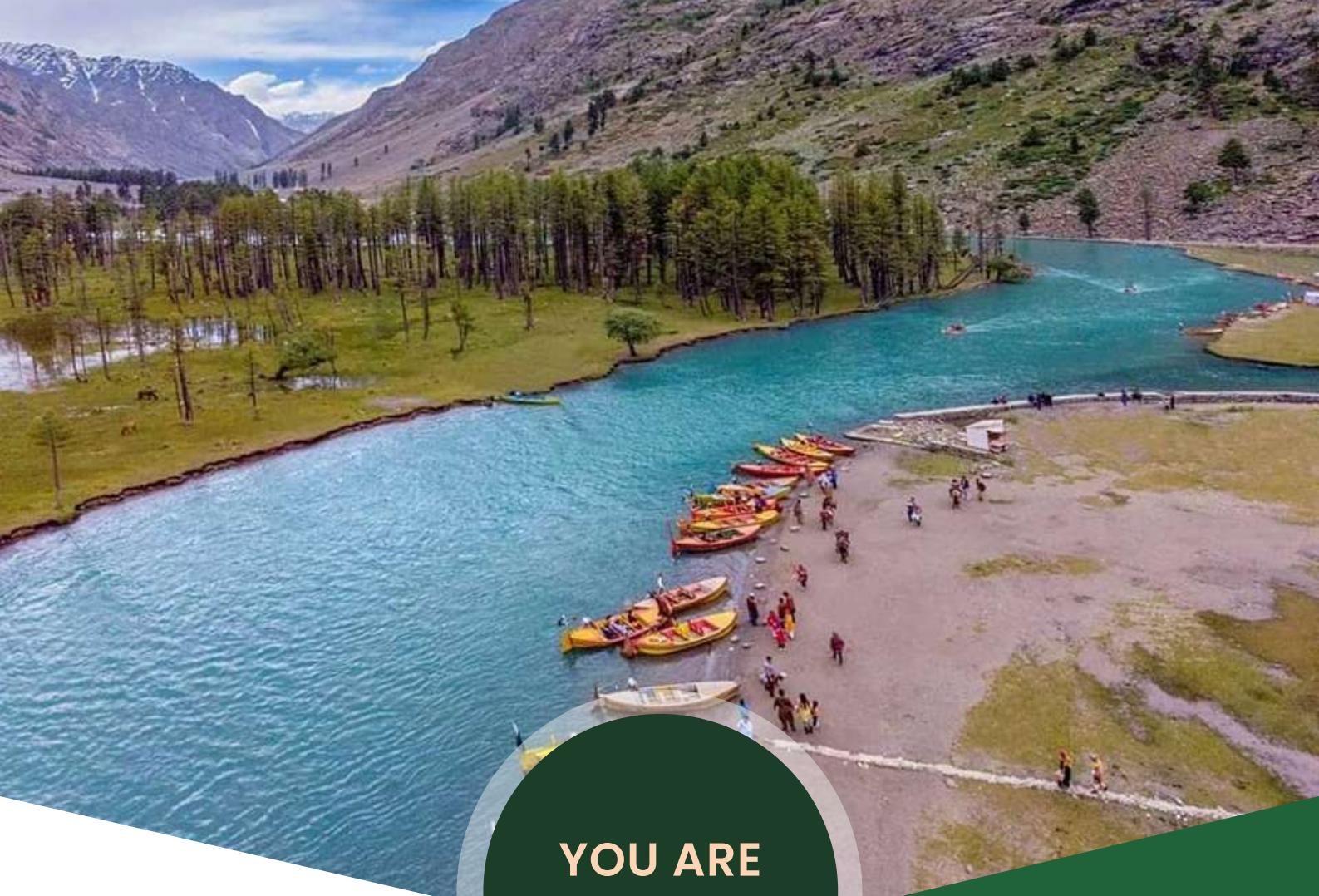
S U M M E R E D I T I O N

May - September, 2022



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SCAN NOW



**YOU ARE  
WELCOME**

## ABOUT SWAT

The magnificent Swat Valley popularly known as the Switzerland of Pakistan, is situated in north of Peshawar. In ancient times Swat had 1400 monasteries & it is said that Buddah himself visited Swat for preaching peace & love. Its old name was Udyana (Land of Gardens).

Swat Valley is famous for its natural wonders that include its breathtaking diverse landscape and natural wildlife. Swat has numerous scenic countrysides, lush forests, and impressive high peak & snow capped mountains. This all provides a suitable natural habitat for wildlife as well as attracts tourists.

The local culture & hospitality of the Swat Valley compels tourists to visit.

## TRAVELPAKISTANI

Travel Pakistani is a platform that brings hosts and customers together. It is a community of explorers and creative people who want to share their passion, knowledge & experience with others.

Travelpakistani is an online marketplace where tour operators and hosts can sell their tours directly to customers. You can select from hundreds of packages or request a customized tour based on your needs and budget.

# ITINERARY

## Day 1

### 1 Pickup from Islamabad & Departure for Kalam, Swat Valley

- Pickup from Islamabad and departure for Swat Valley.
- Sightseeing stopovers on way.
- Lunch stopover at Behrain.
- Arrival at Kalam and transfer to hotel.
- Free time to Explore Mall Road Kalam.
- Overnight stay at Kalam.



## Day 2

### 2 Explore Kalam and Ushu Forest

- Breakfast.
- Visit around Kalam, Ushu Forest and Mahodand Lake.
- Overnight stay at Kalam.



## Day 3

### 3 Explore Malam Jabba

- Breakfast & Departure For Malam Jabba.
- Sightseeing stopovers on way.
- Arrival at Malam Jabba.
- Overnight stay at Fizagat Swat.



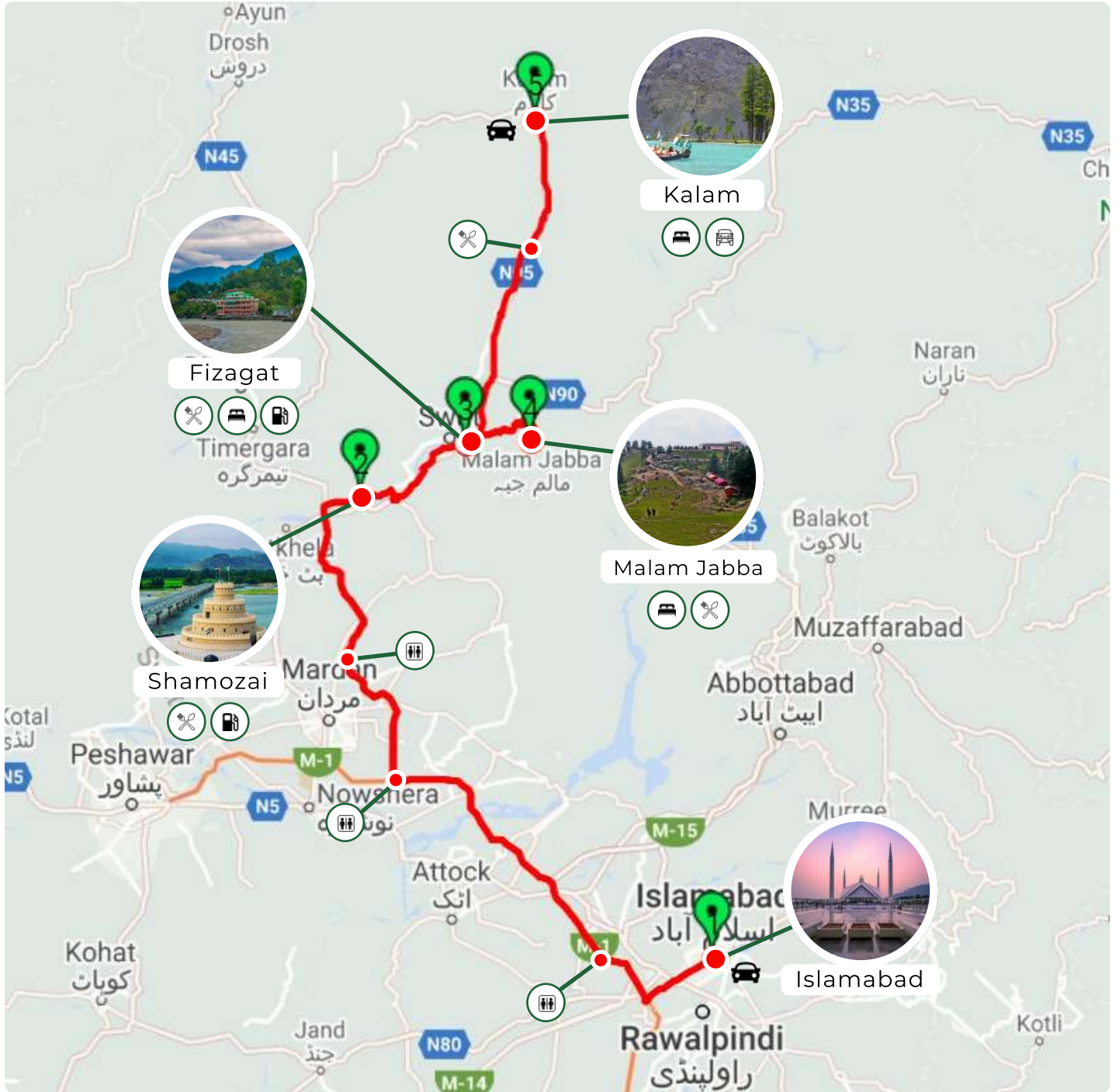
## Day 4

### 4 Departure for Islamabad

- Breakfast.
- Visit White Palace & IslamPur
- Departure for Islamabad.
- End of services.



# ITINERARY MAP



- Washroom
- Food
- Accommodation
- Fuel
- Jeep Ride

# PLACES TO VISIT

## Gabin Jabba:

Gabin Jabba is located on Matta Sakhra Road in the Swat Valley, Khyber-Pakhtunkhwa Province, Pakistan, about 65 kilometers from Mingora. It is an area of the Swat Valley with green meadows, dense forests, snow-capped mountains, mineral springs, and towering peaks. Jabin Jabba is 2,582 m (8,471 ft) above sea level.



## Mahodand Lake:

Mahodand Lake is 40 kilometers from Kalam, in the Usho Valley of Swat, part of the infamous Hindu Kush Mountains. The lake is 9,400 feet above sea level and stretches for 2 kilometers. To reach this amazing lake, it takes about 3-4 hours to reach the lake. It is famous for its glacial waters and abundance of trout, the lake is located in the Usho Matiltan Valley 40 kilometers above Kalam.



## Shahi Bagh:

Shahi Bagh is a fascinating landscape for tourists. About 14 kilometers from Utror and 30 kilometers from Kalam Valley, Shahi Bagh is strategically located in the middle of the mountains. This is a beautiful valley in Upper Swat. The natural beauty of Shahi Bagh is divine and cannot be expressed in words. Shahi Bagh is quite different from other tourist attractions in Pakistan.



## Kundol Lake:

Kundur Lake, also known as Kundur Dand, is a famous lake in the Swat Valley, Khyber-Pakhtunkhwa Province, Pakistan, located in the northern Utror Valley, 20.8 km (12.9 mi) from Kalam. In the same way, there is a well-known story circulating in the lake. Every night of the month, a golden bowl will appear in the middle of the lake, shining like the moon, but because of the magical power, it contains, no one has touched this bowl.



## Spin Khwar Lake:

Spin Khwar is a mesmerizing lake hidden in the mountains north of Kundol Lake and east of Utror Valley. The name Spin Khwar has a definite meaning, as a white creek in the east flows into the lake from the surrounding mountains and is the main source of water for the lake.



## Desan Meadows:

Desan Meadows is the largest meadow in Swat Valley, slightly unexplored. Moreover, it covers an area of almost 13 square kilometers. Desan Meadows' journey begins in the village of Utror. It is one of the most astonishing places in Swat. Additionally, Desan Meadows in Kalam is 4000 meters above sea level. The road to Desan climbs from Utror (16 km from Kalam). A long trekking path is there to reach the Desan Meadows, which most explorers explored on foot, however, there are also jeep tracks.



## Mingora:

Mingora is a city located in the Swat Valley of Khyber Pakhtunkhwa Pakistan. Mingora hosts a population of 331,091 (.33 million), according to the 2017 census, the city stands as the 3rd largest city in the Khyber Pakhtunkhwa province and 26th largest city in Pakistan.



# PLACES TO VISIT

## Malam Jabba:

Malam Jabba is located at an elevation of 2,804 meters (9,199ft) in Swat Valley Khyber Pakhtunkhwa, Pakistan. The famous ski resort of Malam Jabba is at a distance of 45km (28miles) from Mingora and 279km (173miles) from Islamabad. It offers plenty of activities for tourists.



## Marghazar:

Marghazar, or Marghazar is a hill station located in the Swat District of the Khyber Pakhtunkhwa province of Pakistan, and is 13 kilometers away from Saidu Sharif. Marghazar, translated as "green land", contains green valleys, cold springs, and is famous for White palace and Islampur.



## Bahrain:

Bahrain is a beautiful town and it is located in Swat. Bahrain is famous for local handicrafts. The weather of Bahrain is very mild and warm. It is the joining-point of Daral and Swat River. Bahrain is located at 58 km north of Mingora, 66 km from Saidu Sharif and 10 km from Madyan.



## Kalam:

Kalam is a valley located at distance of 99 kilometres from Mingora in the northern upper reaches of Swat valley along the bank of Swat River in Khyber Pakhtunkhwa province of Pakistan. The area has become a popular tourist attraction, known for its mountains, forests and lakes.



## Ushu Forest:

Usho (Ushu) is a village in Usho Valley, Khyber Pakhtunkhwa province of Pakistan. It is situated 8 kilometers from Kalam Valley Swat and 123 kilometers km from Mingora, at the height of 2,300 meters. It is accessible through a non metalled road from Kalam by jeeps only. It is a dense forest, which attracts tourists from all over the country.



## Beshai Meadows:

Beshai Meadows is located right on top of Kalam above Buyun village and Jag Banal meadows. It's a huge ground with lots of cattle and horses roaming around in the summers. Beshai is located 3 to 4 hour trek from Buyun village which is 20 minutes drive away from Kalam and a must visit spot if you ever find your self in Swat.



## Janshai Meadows:

Janshai Meadows unfolds the beauty that has never been discovered before in the beautiful Swat Valley. It is much praised by the visitors that spend quality time in its peaceful ambiance and scenic locations to rejuvenate their souls.



# HOTELS

## Swat Palace:

Swat Palace Hotel is a 4 star hotel which offers best services to customers. It has various categories of rooms, free wifi shared lounge, free parking for customers and more to offer. 24 hour front desk with room service. Hotel is conveniently situated on bypass road.



## Swat Hilton:

Swat Hilton is a three star hotel which offers luxury rooms with balconies, garden and free parking. Rooms are neat and equipped with wardrobes and LEDs. It has 24 hour front desk and room service, easily accessible on bypass road.



## Maria Resort Kalam:

Maria Hotel and Resort provides a terrace. With a garden, the 3-star resort has air-conditioned rooms with free WiFi. The lodging presents a 24-hour front desk, a shared kitchen and forex trade for guests. Every room is equipped with a flat-screen TV, and sure gadgets at the motel have a balcony. Guests at Maria Hotel and Resort can revel in a continental breakfast.



## Kabuli Palao:



The Kabuli Palao, also called Afghani Palao, and it is a delicacy derived from Pashtun. As a traditional Afghan cuisine from Central Asia, it is also the national dish of Afghanistan. It consists of broccoli, cabbage, carrots, and various nuts. It was originally cooked with large pieces of lamb. You can have the perfect Kabuli Palao in multinational cuisine in Pakistan.

## Lamb Dishes:



Lamb Karahi is one of the popular dishes in Pakistan mainly in Swat. It is made of lamb and is known for its spicy flavor. Additionally, it is called Karahi, after kitchen utensils, karahi (wok pan). Lamb Spinach is another dish made from lamb. This dish is a perfect combination of meat and Spinach. This is a healthy dish with high nutritional value.

## Dum Phukt:



Dum Pukht is the most popular Swat dish, made from lamb or beef. Brush the meat pieces with onion, cardamom, potatoes, yogurt, red pepper, Indian curry, salt, garlic, and oil, and simmer over low heat. This delicious dish can be cooked in about an hour and then enjoyed with tandoori grilled meat.

## Warjalay:



Warjalay is also known as Chukanr is Swat's signature dish, and you may not find this dish anywhere else in the world. Wargalai is a type of green rice or vegetarian rice, which means that the rice is made with chopped green leaves.

## Trout Fish:



The natural habitat of swat trout is the clean and freshwater of the Swat River where glaciers are melting and streaming into farms and hatcheries. there are two popular species of trout available in swat valley amongst which brown trout is in high demand.

## Chapli Kebab:



Swat Chapli kabab is a special variety of kebab which is prepared from the meat of beef or mutton. Due to its great taste and aroma, the swat chapli kabab is perhaps the most famous cuisine of the valley.



## Get in Touch



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